



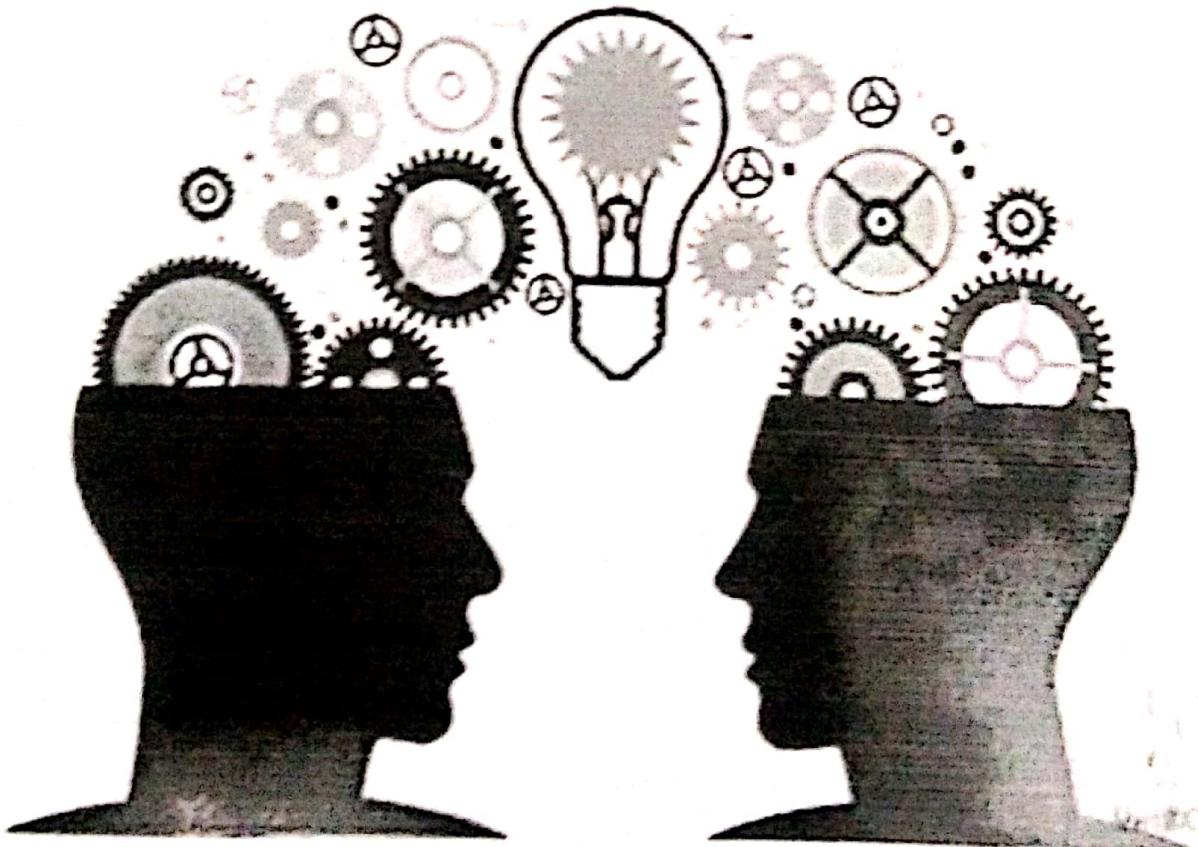
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**RAJASTHAN COLLEGE OF
ENGINEERING FOR WOMEN**
BHANKROTA, AJMER ROAD, JAIPUR

☎ 0141 225-1276 🌐 <http://www.rcew.ac.in>

One Day Workshop
on
**Emotional
Intelligence**

09th Nov 2020



DR. ANJU SHUKLA
CERTIFIED EMOTIONAL INTELLIGENCE COACH, BANGALORE

Faculty Coordinator
Ms. Sweta Tamwar
70027 16856



1 DAY NATIONAL WORKSHOP

ON

"EMOTIONAL INTELLIGENCE"

BY

Dr. Anju Shukla

Certified Emotional Intelligence Coach

Bangalore

On

(09th November, 2020)

ORGANIZED BY

RAJASTHAN COLLEGE OF ENGINEERING FOR WOMEN,

JAIPUR

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RAJASTHAN COLLEGE OF ENGINEERING FOR WOMEN

WORKSHOP REPORT

ON EMOTIONAL INTELLIGENCE

Getting fluent in the language of emotions helps us sustain our relationships both personally and professionally. Emotional intelligence can empower the mind and make us happy and content.

Recently RCEW had the opportunity to take a one-day workshop on Emotional Intelligence (EI) was organized in the Ashoka hall on Monday, 09th November 2020 by the institute. To explore ways to better understand ourselves and each other and learned that Emotional Intelligence is not "being nice all the time" or "being emotional." Rather it's "being honest, aware, and smart."

RESOURCE PERSON

DR. ANJU SHUKLA doctorate in "Organization Behaviour" a behavior analyst, who has trained more than thousand of professional and helped them to improve their personal and professional life.

- She is certified in Behavior testing and training.
- Certified "Emotional Intelligence Coach"
- Certified "Resilience and Diversity Quotient Coach"
- A Global Eminent Award Winner -2020

